



LAND JOURNEY

Tuscany & Emilia-Romagna

A Cultural & Culinary Journey

Inspiring Moments

- ▶ Unravel the **culinary paradise of Emilia-Romagna** within its timeless towns of Bologna, Parma and Modena.
- ▶ Discover foods famous the world over during visits to a **cheese farm, olive mill and country winery**.
- ▶ Roam history-soaked cobblestones in **Castell'Arquato and Vigoleno**.
- ▶ Encounter the **University of Bologna**, the oldest university in the Western world.
- ▶ Sample "liquid black gold," the **aceto balsamico tradizionale di Modena**.
- ▶ Indulge in heavenly **Parma flavors** of parmesan cheese, prosciutto and pasta.
- ▶ Fall under **Tuscany's alluring spell** and linger in **Orvieto**, a hilltop Umbrian town.
- ▶ Experience the Porticoes of Bologna, a **UNESCO World Heritage site**.

ALUMNI CAMPUS ABROAD®



Above left: Modena | Above: Piazza del Nettuno square, Bologna

Included Features

- Accommodations** (with baggage handling)
- **4 nights** in Parma, Italy, at the first-class SINA Maria Luigia.
 - **4 nights** in Cortona at the first-class Villa Marsili.
- Transfers** (with baggage handling)
- Deluxe motor coach transfers during the Land Program.
- Extensive Meal Program**
- 8 breakfasts, 4 lunches and 3 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.
 - Opportunities to sample local cuisine.
- Your One-of-a-Kind Journey**
- **AHI Travel Assurance** plan covers Accident and Sickness Medical Expense, Trip Delay and Emergency Evacuation for U.S. residents.
 - **Discovery excursions** and **PYJ | Personalize Your Journey** highlight the local culture, heritage and history.
 - Expert-led **Enrichment programs** enhance your insight into the region.
 - **AHI Connects:** Local immersion.
 - **Free time** to pursue your individual interests.
 - Welcome and Farewell Receptions to mingle with fellow travelers.
 - **AHI Sustainability Promise:** We strive to make a positive impact wherever we travel.
 - A personal VOX headset to hear your English-speaking guide clearly.
 - Tipping of guides and drivers.



Itinerary

- Day 1** Depart gateway city ✈
- Day 2** Arrive in Milan and transfer 🚗 to hotel in Parma
- Day 3** Parma
- Day 4** Parma | Vigoleno | Castell'Arquato
- Day 5** Parma | Modena
- Day 6** Parma | Bologna | Cortona
- Day 7** Cortona
- Day 8** Orvieto | Cortona
- Day 9** Montalcino | Cortona
- Day 10** Transfer 🚗 to Florence airport and depart for gateway city ✈

Flights ✈ and transfers 🚗 provided for AHI FlexAir participants.

Note: Itinerary may change due to local conditions.





Discovery

AHI Connects: Parma's Pastas. Hone your Italian culinary skills while learning how to make typical regional dishes, like tortellini. Then dig into a feast of your creations!

AHI Connects: Family Olive Mill. Head into the rolling hills to a family-run olive mill. Learn about the ancient techniques and modern methods for creating mouthwatering olive oils. Enjoy an olive oil tasting and a delicious home-cooked lunch on the property.

Parma. Colorful Parma is packed with regal palaces, gardens and wonderful landmarks. See the Cathedral of Parma, one of Italy's finest Romanesque churches, and the Teatro Regio, the performance home of composer Giuseppe Verdi. You may also walk around the campus of the University of Parma.

Regional Cheeses & Medieval Villages.

Visit a country cheese farm to see the centuries-old art of turning milk, salt and rennet into *parmigiano reggiano*, sensational parmesan cheese. After lunch at the farm, step back in time along the medieval streets of Vigoleno, one of Italy's most compelling villages. Continue to pretty Castell'Arquato and see the town's highlights, including the stunning Piazza Municipio with its Palazzo del Podestà and the Palazzo del Duca.

Modena's Delicacies. The hometown of Luciano Pavarotti is also famous for its gastronomic specialties of *aceto balsamico tradizionale di Modena* (balsamic vinegar) and *prosciutto di Modena* (Modena ham). Indulge in these culinary treats during dinner today.

Bologna. Discover the epicenter of the Emilia-Romagna region with its miles of *porticoes*, covered arcades. A walking tour showcases the Piazza Maggiore, home to the statue of Neptune. Also see the Town Hall and the Archiginnasio di Bologna, the seat of the University of Bologna from 1563-1805. Get an up-close look at the world's oldest university!

Cortona Etruscan Legacy. Cortona, believed to be one of Italy's oldest towns, brims with Etruscan history. Walk through the Piazza della Repubblica and visit the Diocesan Museum to see Fra Angelico's "Annunciation." Then immerse yourself in more Etruscan history at the Praetorian Palace and the Museum of the Etruscan Academy.

Lovely Orvieto. Orvieto perches atop a cliff, delighting visitors with its narrow cobblestones, churches, *gelateria* and local artisan shops. Visit the city's imposing cathedral, decorated with mosaics and frescoes.

Tuscan Countryside & Altesino Winery.

Travel through Cortona's hill country, a land dense with olive groves and vineyards. Near Montalcino, tour a winery and sample its superb vintages and local delicacies.



Orvieto



Parmesan and balsamic vinegar

PYJ | A choice of unique excursions:

Parma

Auto Tour - Museu Ferrari, Maranello
Walking Tour of Reggio Emilia

Enrichment

- Culinary History of Emilia-Romagna
- Contemporary View of Italy

UNESCO World Heritage

The Porticoes of Bologna

Accommodations

SINA Maria Luigia | Parma



Villa Marsili | Cortona



Activity Level: We have rated all of our excursions with activity levels to help you assess this program's physical expectations. Please call or visit our website for full details.



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AHI Travel Expertise

Passenger Service Representative |

Helps with everything from arranging flights to fulfilling special requests.

Travel Director | Manages all details to ensure a safe and memorable trip.

Travel information | Prepares you fully for your journey.

Expert local guides and lecturers | Provide friendly, knowledgeable service and share their passion for their country.

Travel with Confidence

For six decades, our dedicated team has helped travelers explore the world safely and securely. We provide:

- **Included AHI Travel Assurance Plan.**
- Increased booking **flexibility** and relaxed cancellation penalties.
- **Home support staff and ground team.**
- **A global network of trusted partners.**

Let us arrange your flights!

AHI FlexAir | Our personalized air program features transfers, assistance and flexibility.



Vigoleno